



# Assisted Outpatient Treatment (AOT)

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# History of AOT



- 45 states have AOT laws
- Legislation varies across states
- Prevention versus Response
- Assembly Bill 1421 was passed in California in 2002
- Welfare and Institutions Code 5345-5349.5
- Named as EBP in 2015
- Mayor Lee's CARE Task Force
- Board of Supervisors (July, 2014)
- Implementation of AOT (November 2, 2015)

# What is AOT?



- Commonly known as “Laura’s Law”
- Must be adopted by a county
- Court ordered outpatient treatment for individuals with severe mental illness
- Does not allow for forced treatment or forced medications
- Designed to assist individuals with severe and persistent mental illness who are not engaged in treatment, are deteriorating, and have a history of poor treatment compliance
- Goal of reducing hospitalization, incarceration, and victimization

# San Francisco AOT

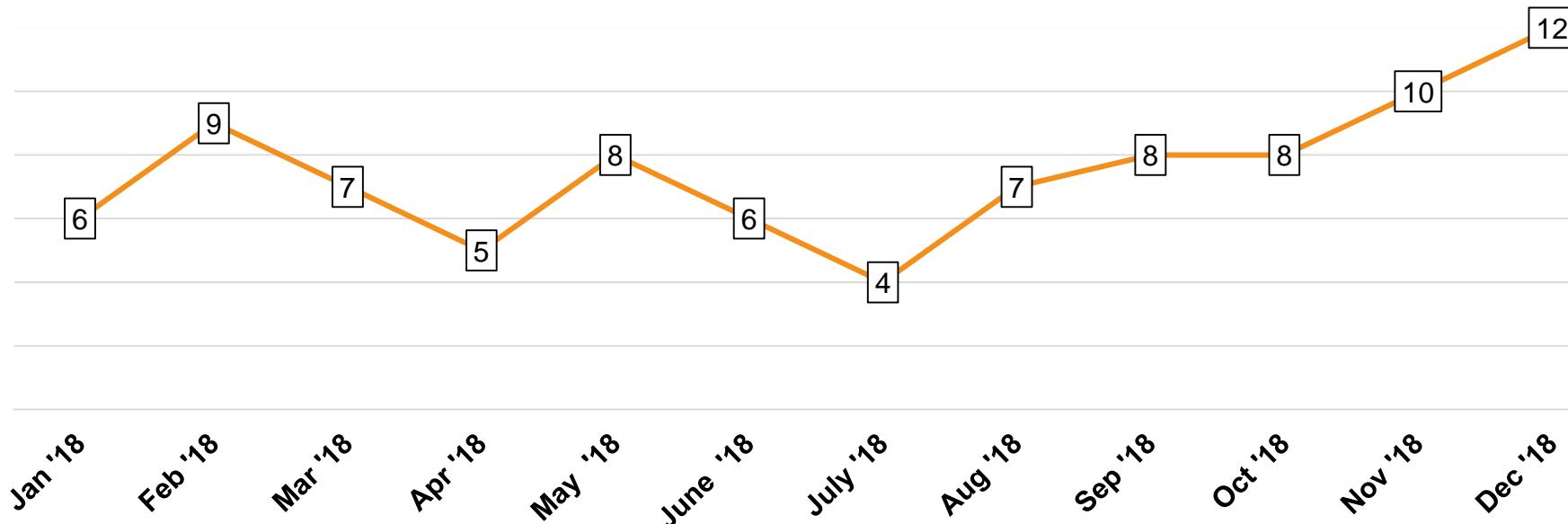


- Community based, mobile, multidisciplinary, mental health team
- Multiple opportunities to engage in voluntary services
- Whatever it takes approach focused in principles of recovery and wellness
- AOT Care Team
  - Program Manager (Psychologist)
  - Clinicians
  - Team Members (Peer Specialist, Family Liaison)
- UCSF Department of Psychiatry-Citywide AOT
  - Clinical Supervisor
  - Clinical Case Managers
  - Psychiatrist
  - Peer Specialist
  - Nurse

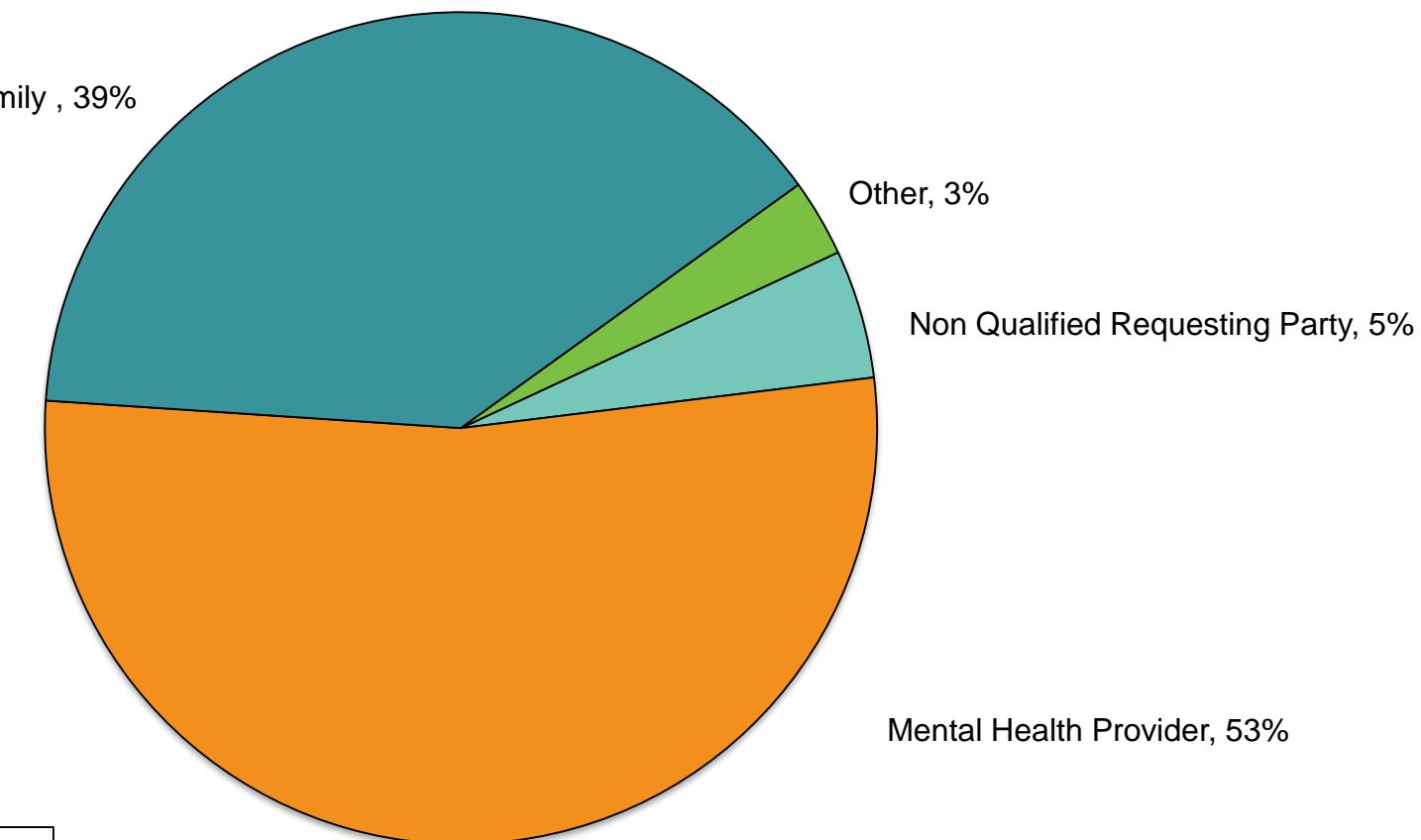
# Calls to AOT



■ 11/2/15-12/31/16 ■ 1/1-12/31/17 ■ 1/1-12/31/18

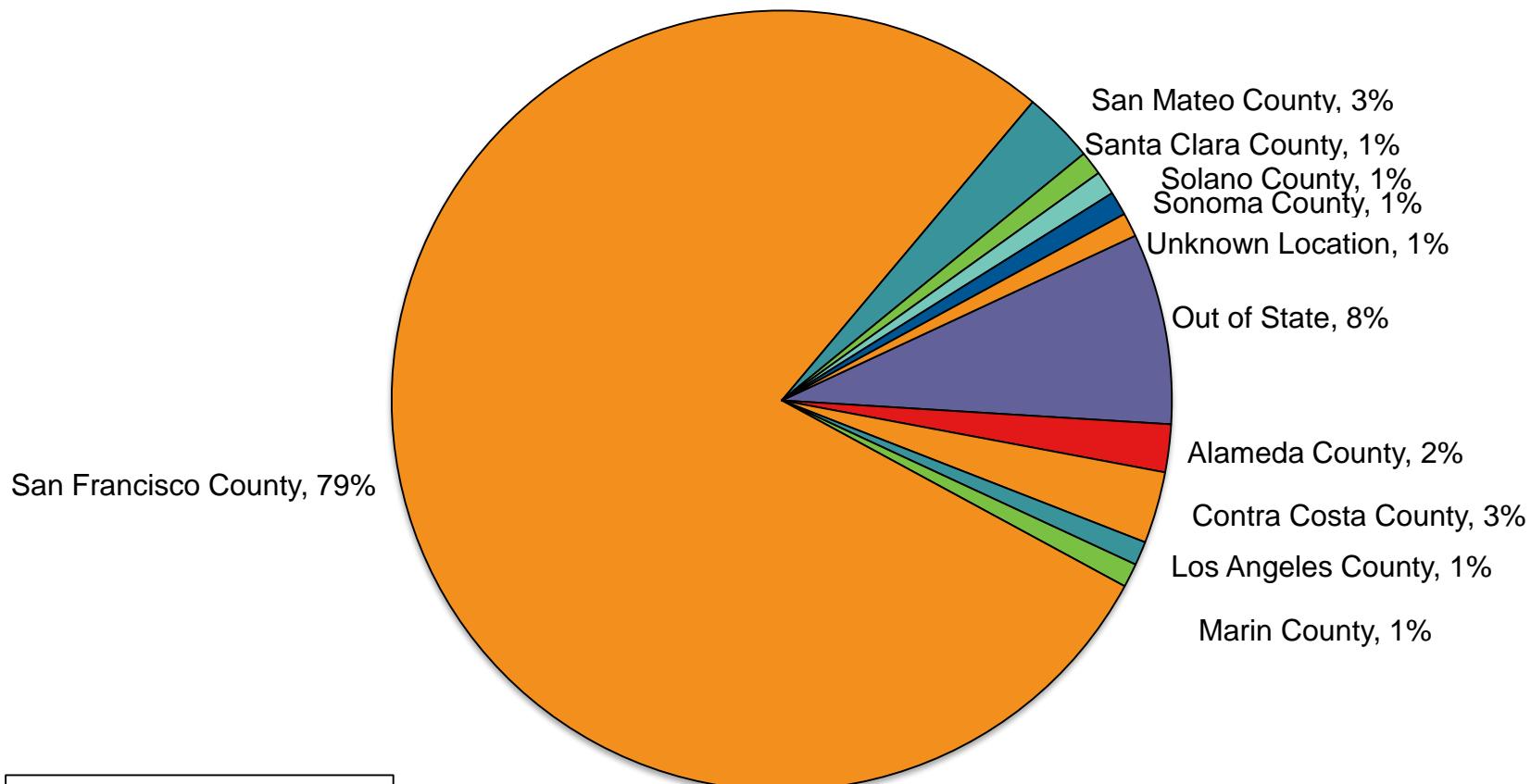


# Referral Source



Total= 295 referrals

# Location of Referral

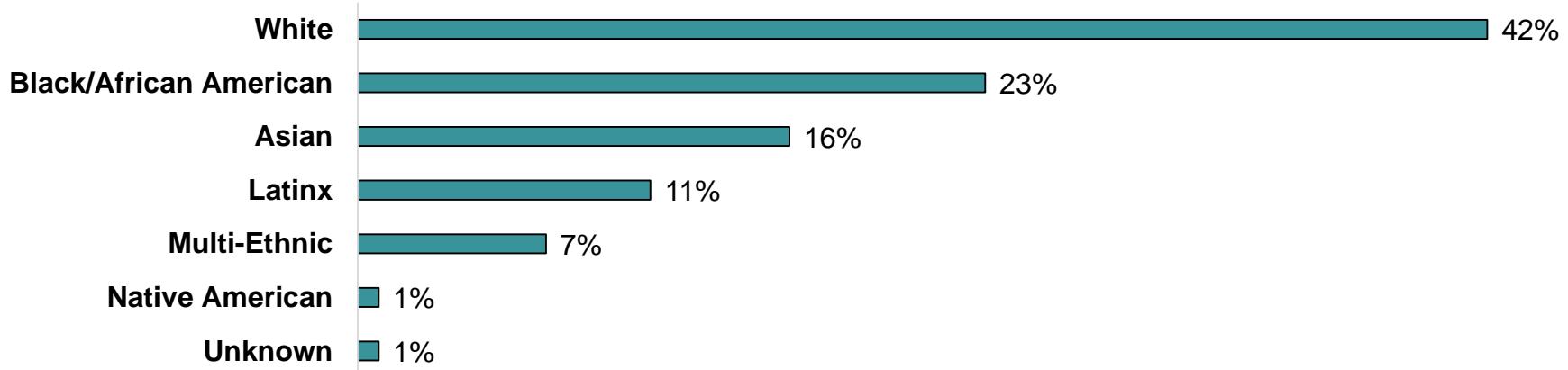
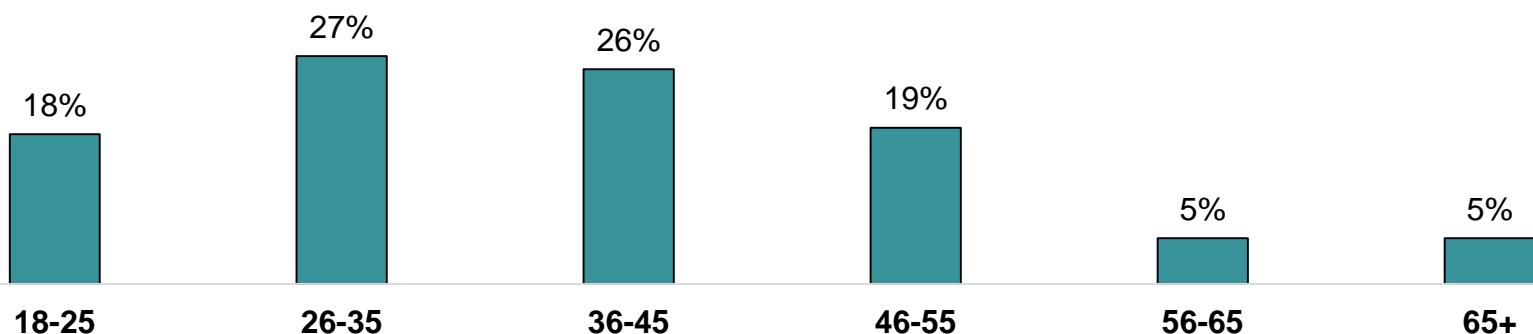


Total= 295 referrals

\*Rounded to the nearest whole number

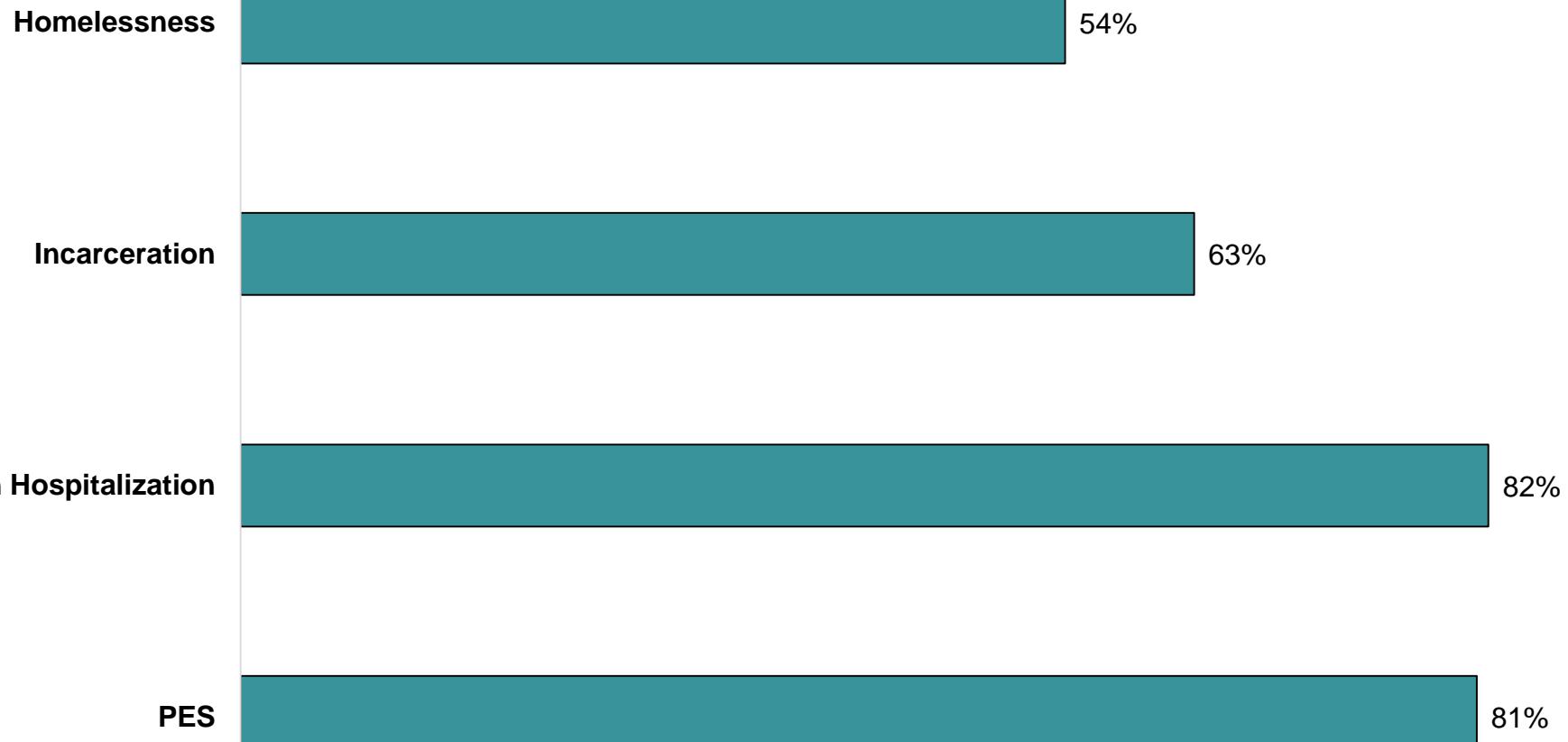
# Demographics

## Contacted Individuals



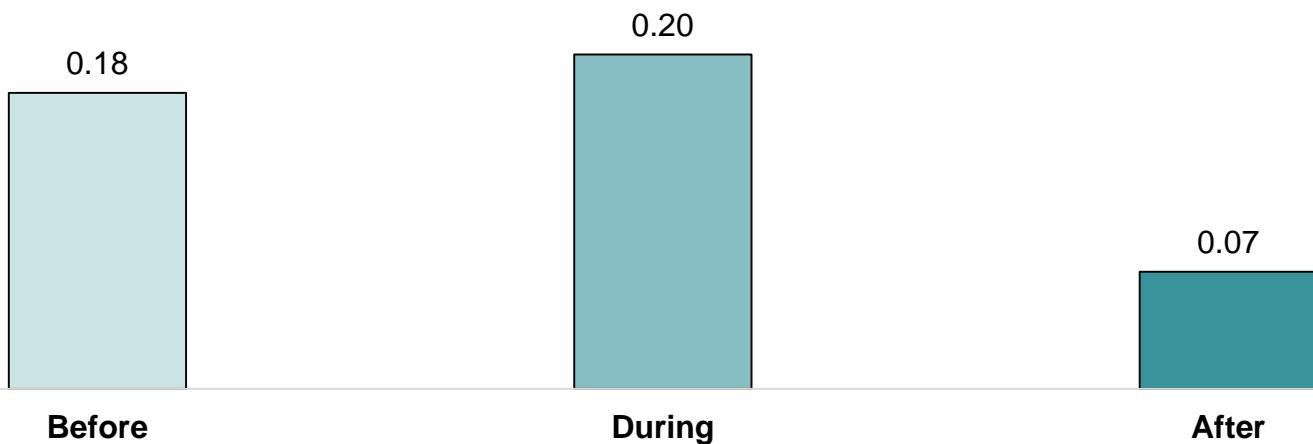
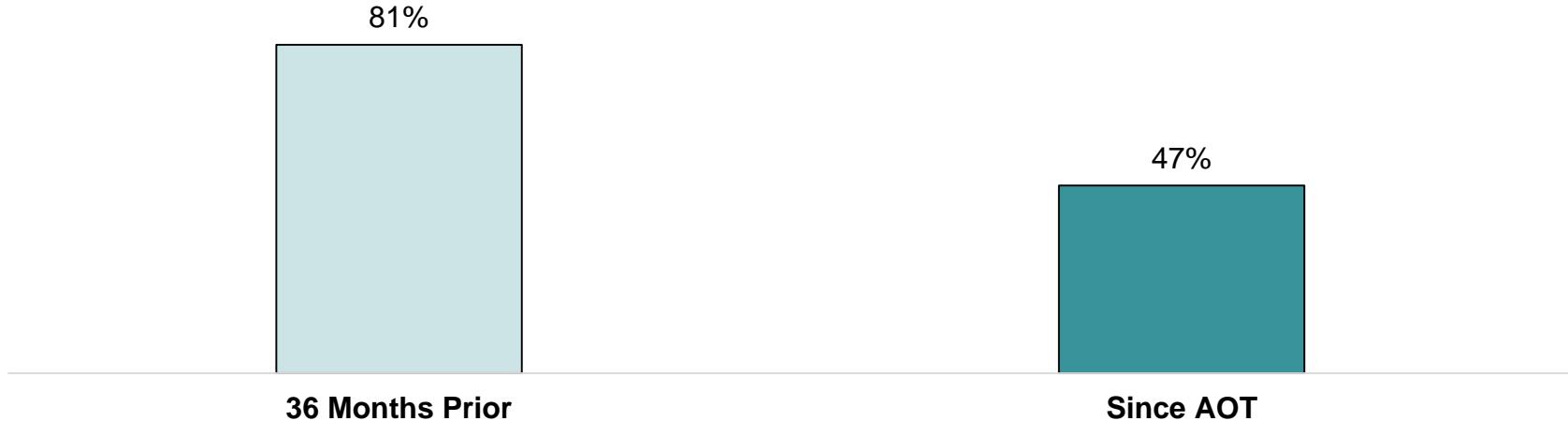
# Risk Factors

## Contacted Individuals



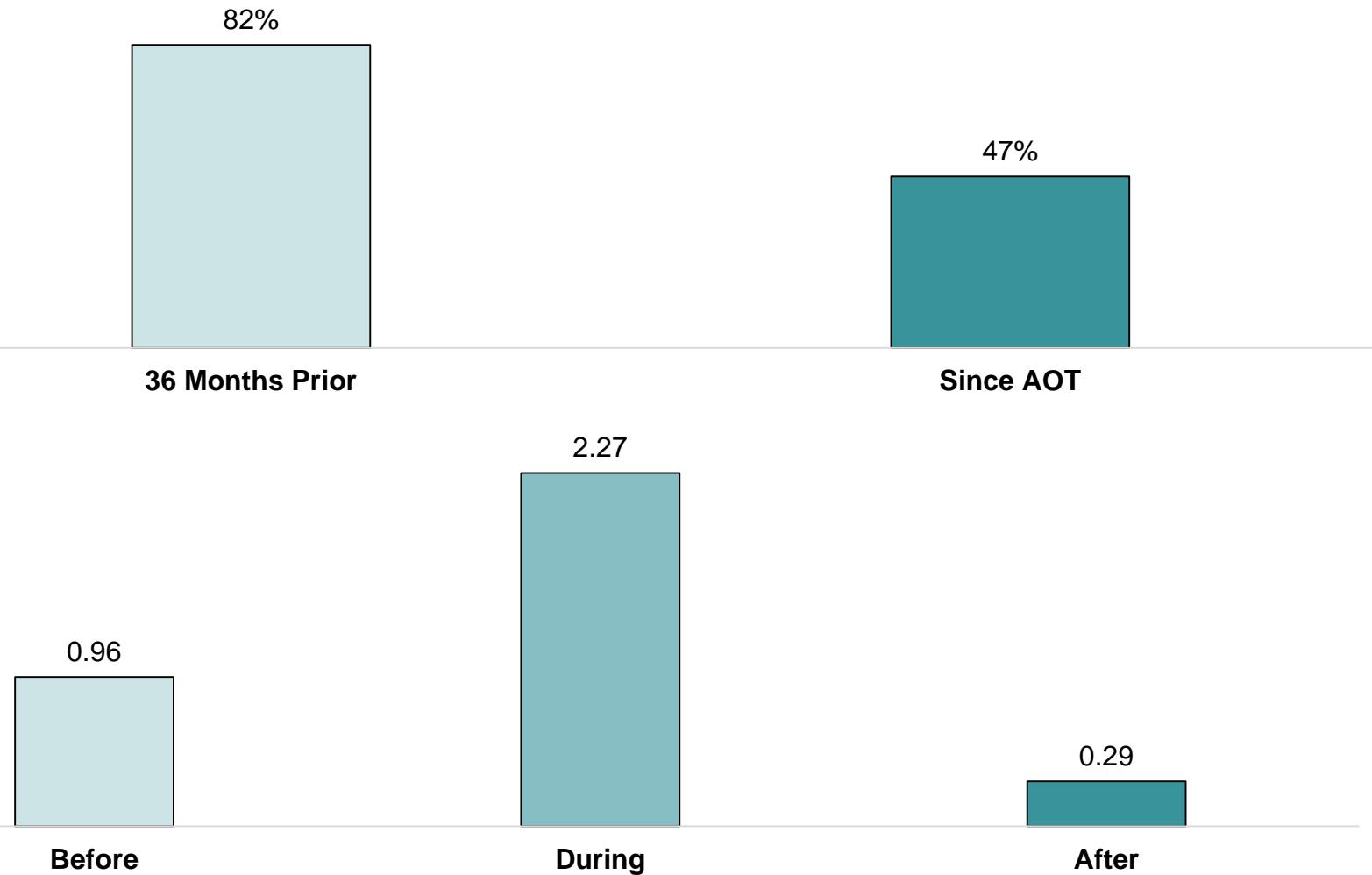
# Preliminary Outcomes

## Psychiatric Emergency Services



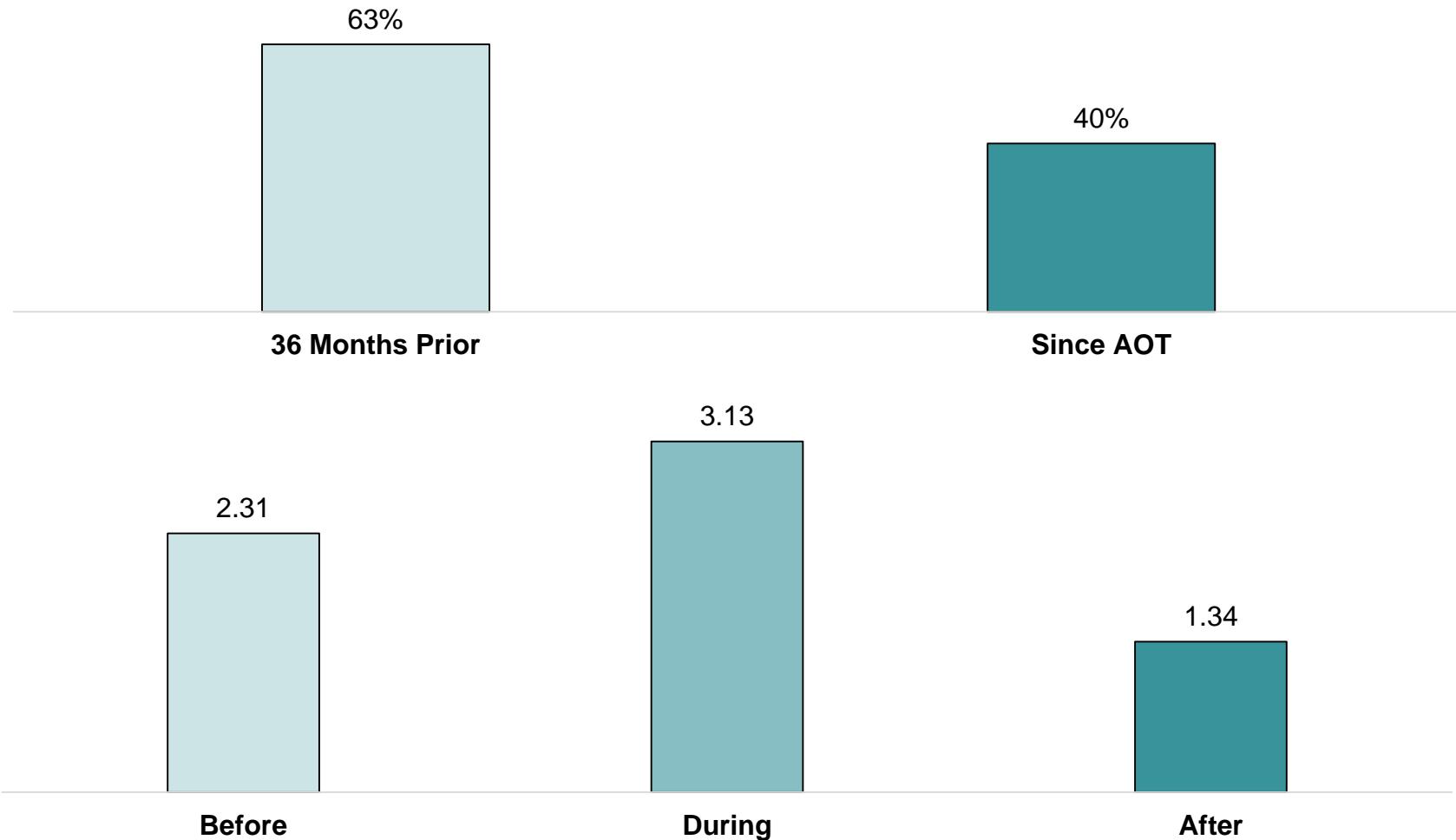
# Preliminary Outcomes

## Total Population-Psychiatric Hospitalization



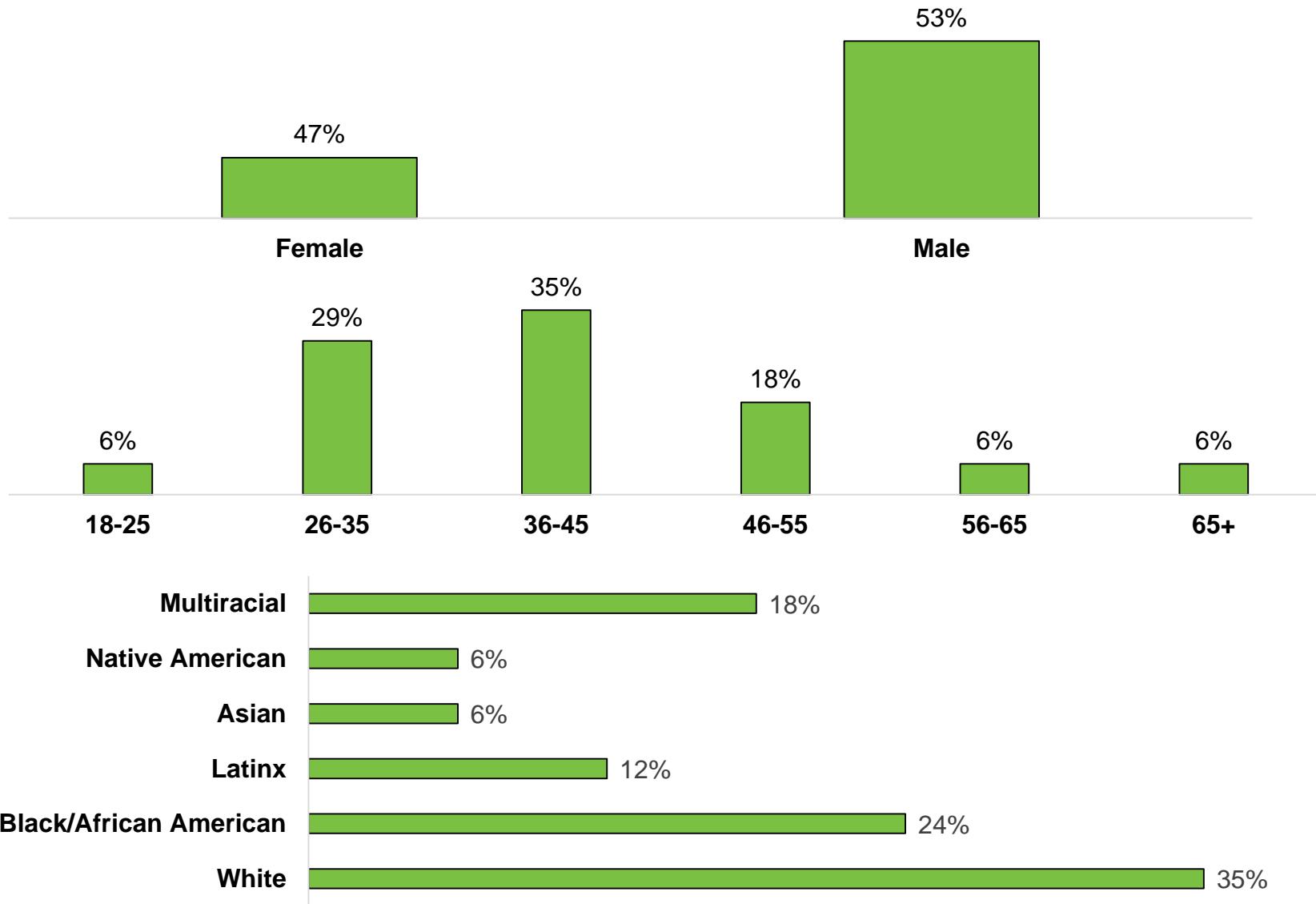
# Preliminary Outcomes

## Total Population-Incarcerations



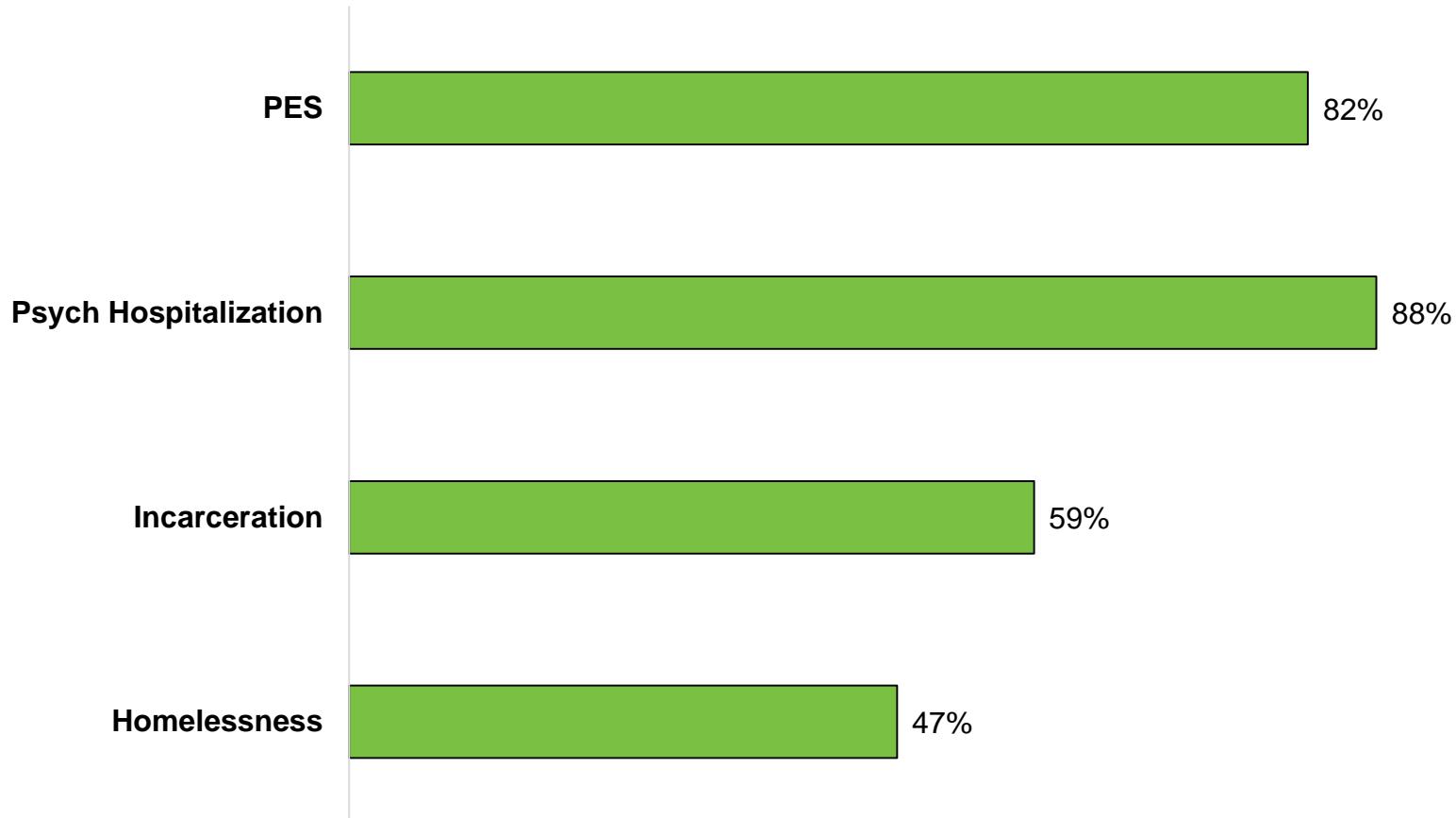
# Demographics

## Court Ordered Individuals



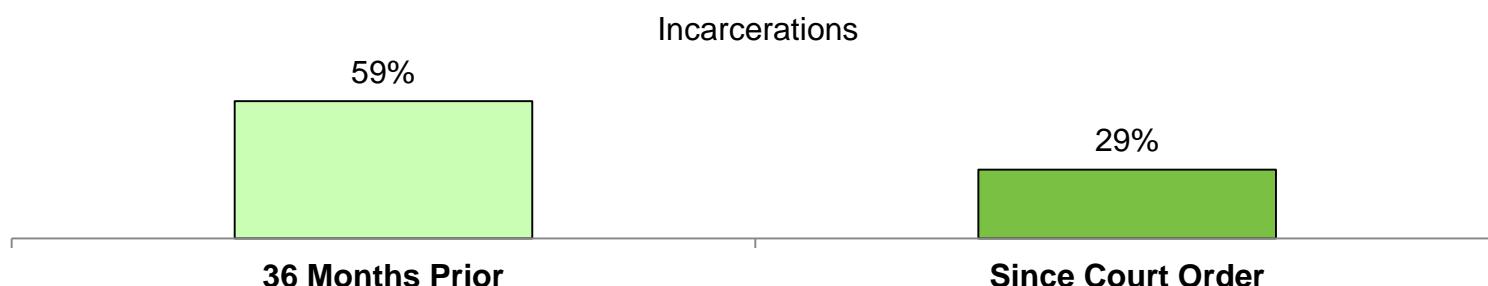
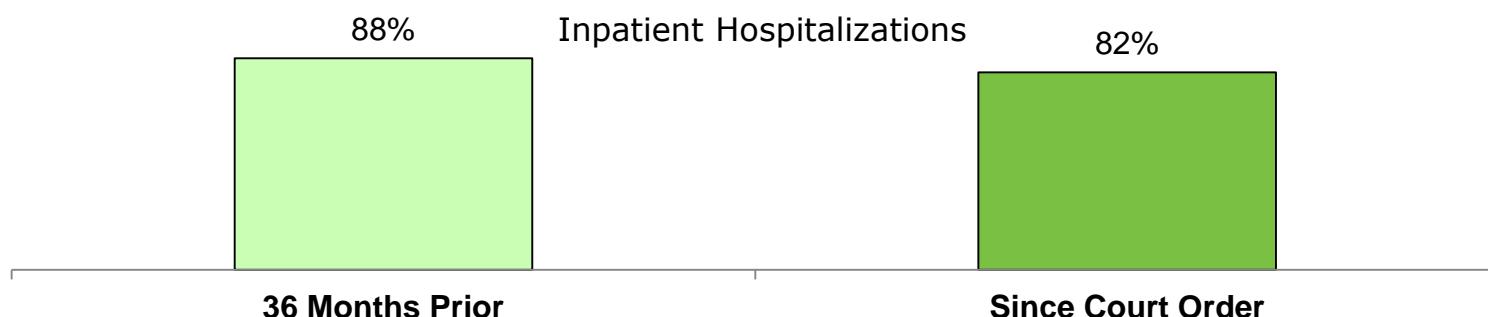
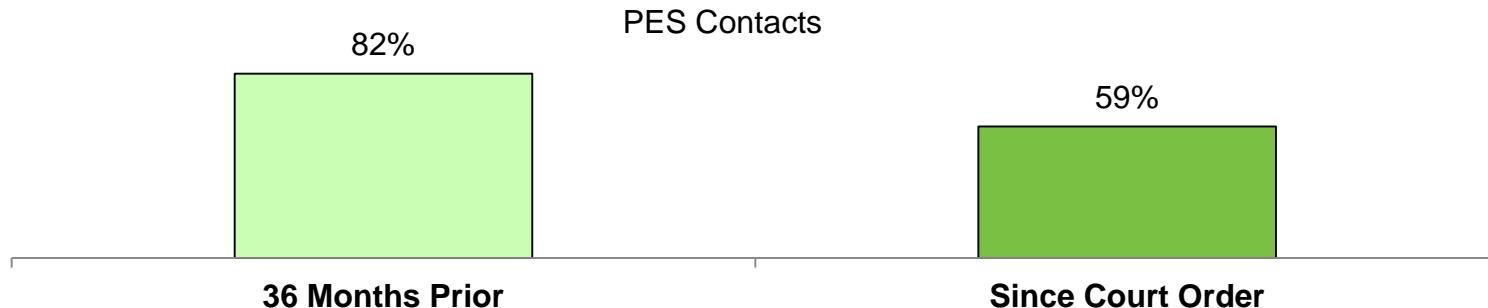
# Risk Factors

## Court Ordered Individuals



# Preliminary Outcomes

## Total Court Population



# Preliminary Outcomes



- 13% of cases result in a petition to the court
- 69% of cases engage in voluntary services
- X% remain connected to voluntary services
- LPS Conservatorship
- Average Length of Time Working with AOT
  - 138 days

# Preliminary Outcomes

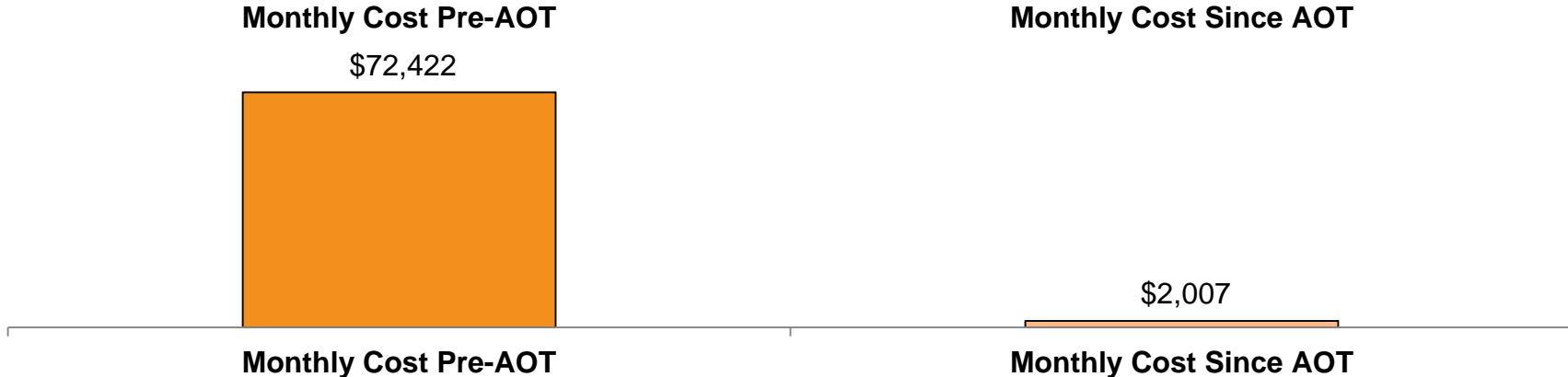
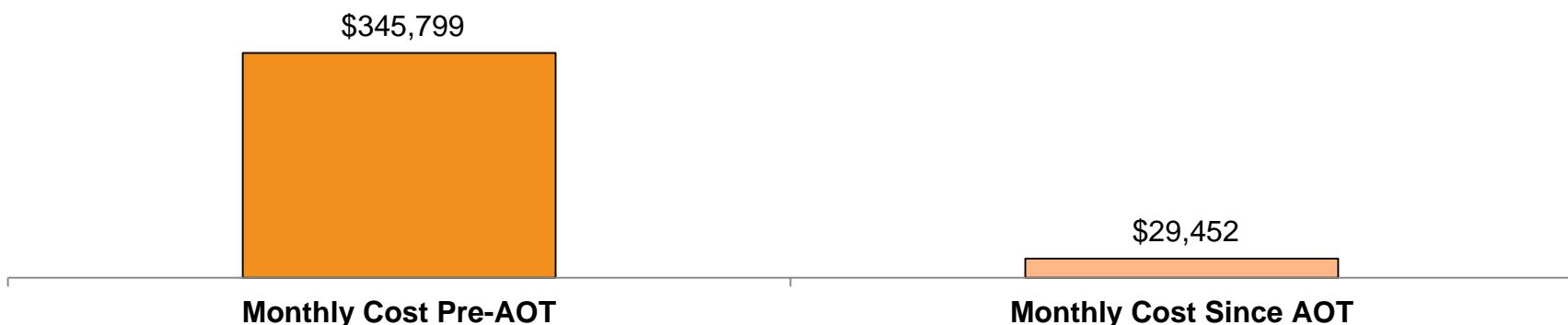
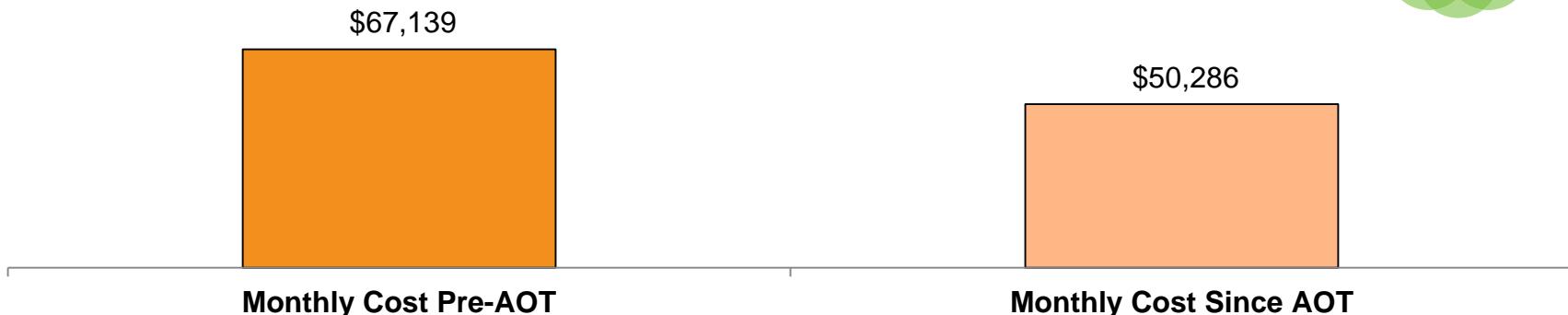
## Feedback



- Feedback from Participants
  - 86% of individuals surveyed reported feeling hopeful about their future
  - 82% of individuals surveyed reported being treated with respect
  - Staff “made me feel safe. They were worried about me being on the streets.”
- Feedback from Families
  - Increased awareness of services in San Francisco
  - Increased awareness of mental health symptoms
  - “AOT’s diligence and care has literally been life saving for my sister.”
- Feedback from Stakeholders
  - Increased collaboration and coordination of care
  - “The AOT program has brought together and made for better working relationships that were not there prior.”

# Preliminary Outcomes

## Financial Implications

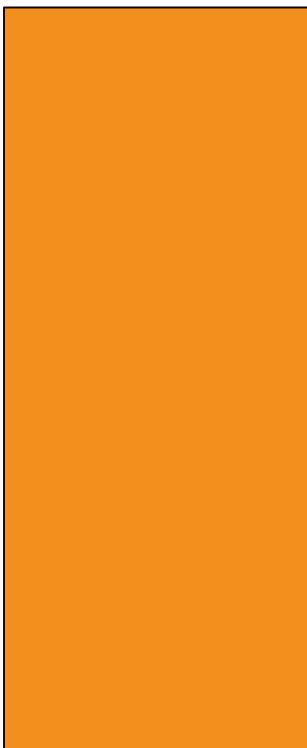


# Preliminary Outcomes

## Financial Implications



\$485,360



Monthly Cost Pre-AOT

\$81,745



Monthly Cost Since AOT